

EQUIPMENT NEEDS ASSESSMENT APPLICATION
Fall 2015

Name of Person Submitting Request:	Dawn Adler
Program or Service Area:	Kinesiology & Health
Division:	Social Sciences, Human Development & Physical Education
Date of Last Program Efficacy:	Spring 2015
What rating was given?	Continuation
Equipment Requested	Weight Room Equipment
Amount Requested:	~\$185,000
Strategic Initiatives Addressed: (See Appendix A: http://tinyurl.com/15oqoxm)	Access, Student Success, Institutional Effectiveness, Planning, Campus Climate

NOTE: To facilitate ranking by the committee, submit separate requests for each item; however, multiple items can be submitted as one request if it is required that the equipment is packaged together.

Replacement Additional

1. Provide a rationale for your request.

The weight room houses a combination of resistance machines and free weight equipment to teach student and athletes proper methods to improve muscle strength/endurance and power.

The equipment in this facility was purchased over 20 years ago. The technology and design has been improved for many of the pieces. Some of the equipment has been discontinued due to flaws in design that are known to result in a higher risk of injury. Other equipment has been broken or chipped due to high volume of use and age of the equipment. Free weight machines, benches, plates and bars are necessary to teach the course content.

In addition, multiple levels of skill are taught in this facility. Advancement in exercise difficulty and progression are taught utilizing different equipment options. The facility needs to have a combination of resistance machines (~15) and a combination of power platforms, benches, bars, plates and cages of varying increments to safely train students and athletes.

A variety of equipment is necessary to address the needs of women in athletics (and classes), as well as the needs for differing sport teams. For example, the strength training program needs for the football team differs from the needs for women's volleyball. All of our athletic programs use the weight room to condition their athletes. As many as 50 student-athletes are training at one time in the weight room requiring 50 stations to accommodate the cap.

2. Indicate how the content of the latest Program Efficacy Report and current EMP data support this request. How is the request tied to program planning? (*Reference the page number(s) where the information can be found on Program Efficacy.*)

The PR Efficacy team reported agreed that we are challenged to replace old equipment (p.3). The mission of the department (p.33 Program Efficacy) is achieved through the development and maintenance of behaviors that are essential to healthy lifestyles. We rely on equipment to meet these objectives. Equipment is necessary to providing safe, effective, usable options to teach the

course content, meet defined SLO's and meet the mission statement of the department.

There isn't specific data that illustrates what equipment is utilized for our activity classes. There is data from EMP for enrollment that shows that 2000-3300 students are enrolled in "fitness activity classes" each year. Athletes are also utilizing the room for conditioning when general population classes are not in session (Kinesiology-Athletics courses). Last year 644 students were enrolled in KinX classes. Conditioning is a key component to successful sport competition.

3. Indicate if there is additional information you wish the committee to consider (*for example, regulatory information, compliance, updated efficiency, student success data, planning, etc.*).

A new state of the art building is now in construction. Unfortunately, we have been informed that there will not be funding to replace equipment in the fitness center or weight room. Administration is planning on moving our old equipment into the new facility. In relatable terms, we are moving to a new house but taking all of our old, outdated furniture and appliances to the new home.

A maintenance bid to repair broken and/or unsafe equipment in the fitness center and weight room totaled \$6,000. As the equipment ages, maintenance costs continue to rise. We are at the point where repair costs will result in a loss of money. It will be cheaper in the long run to replace rather than repair. In the case of resistance machines, regular and preventative maintenance costs are increasing as well.

4. Evaluation of initial cost, as well as related costs (including any ongoing maintenance or updates) and identification of any alternative or ongoing funding sources (*for example Department, Budget, Perkins, Grants, etc.*).

Replacement of strength training equipment for the weight room is estimated at \$185,000. Measure M should be used to providing funding for replacement equipment for the new facility.

5. What are the consequences of not funding this equipment?

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Not providing funding for equipment replacement will compromise the ability to provide safe, effective options to teach content and achieve defined SLOs. In addition the ability to modify laboratory activities to those with special needs, injuries and abilities results in loss of enrollment and retention.

Not providing funding to replace equipment will detract from the new facilities and call into question the goal of Valley College having a "state of the art" facility.